



St. Francis in the Foothills



April 2022

www.stfrancisinthefoothills.org



Sunday, April 10th, Palm Sunday

9:30 am in the Celebration Center

Thursday, April 14th, Maundy Thursday

6:00 pm in the Celebration Center

Friday, April 15th, Good Friday,

7:00 pm at the Fire Circle

Sunday, April 17th, Easter Sunday

Sunrise Service - 5:30 am at the Fire Circle

Easter Service - 9:30 am Celebration Center



4/1 Robert Thompson

4/2 Lana Holstein

4/4 Meg Pradelt

4/7 Mary Hidalgo

4/12 Judy Rubin

4/12 Mike Wilkinson

4/16 Ruth Cross

4/17 Grace Hartman

4/18 Pam Bisson

4/19 Richard Snodgrass

4/19 Terry Donaldson

4/21 Paul Scott

4/23 Alice Weekley

4/23 Scott Hamstra

4/25 Art Evans



Sunday School is back! **(Not your mothers Sunday's School)**

Planting seeds!
Exploring the sacred in the world around us,
Yoga, games, puppet making, story sharing,
arts, and crafts.
Elementary school age children are invited for a
time of connection and play
during the 9:30 service.

There will be no Sunday School on Easter.
A bag of quiet activities for younger children
(and for adults who can't sit still)
will be provided.



Small Groups form Large Connections

Sometimes we all need a little inspiration,
support, and a more intimate sense of
community. The inner and outer landscapes of
our souls, the thin places where energy dwells,
call for our attention and exploration.

Please consider creating and joining groups
designed to deepen and share the journey of



April Eco Tip

Spring fashions - so much fun
to shop for new clothes!

This season, keep our
environment in mind as you
shop. You can have the
biggest impact by keeping it
local and New to You,
shopping at thrift stores,
consignment shops and
garage sales.

If you must buy new, select
natural fibers. Polyester and
acrylic items shed micro
plastics when washed, ending
up in our food and water. Avoid
“fast fashion” (clothes that only
last one season), and focus on
durability, classic styles, and
repairable items.

For clothing beyond repair or
donation, downcycle it. First to
“chore wear”, then
painting/garden clothes, then
to rags.

We can make a dent in textile
waste. Let's all celebrate
spring with a simpler lifestyle
this year!

spiritual life. These groups could meet once or twice a month, on zoom or in person, for a time of reflection, exploring and sharing.

Children, teens, young and old at heart.

All are Welcome.

Let Shar know if you are interested or have ideas about groups you'd be interested in.

saslaksen@stfrancismc.org

Adult Ed needs you!

Plan, create and collaborate on Adult Education experiences for the Saint Francis Community and beyond.

Our Adult Education program has always been one of the most vital committees at St. Francis, and they've been responsible for designing many classes that attracted not only our own congregation, but people from the community.

We want to get this committee back on its feet. If you would be interested in being part of it, please contact Shar at saslaksen@stfrancismc.org



Spring is in the air, and this is a great time to help our Tree of Life and the St. Francis Endowment Fund grow.

Leaves are available for those who make an Endowment gift of \$150 or more.

A golden leaf will be engraved with your personalized message and displayed on the 'Tree of Life' located in the Celebration Center. Gifts to the 'St. Francis Endowment Fund' are tax deductible.

Contact klbliss86@gmail.com for more information.



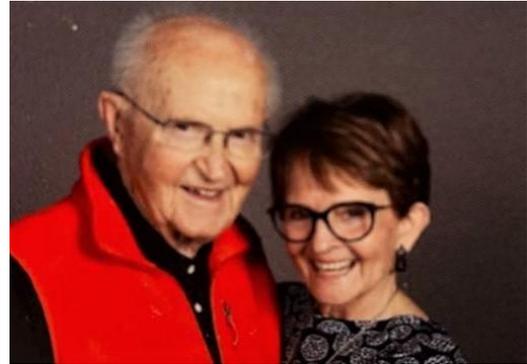
***A Celebration of the Life of
Douglas Robson***

Saturday, April 2nd,
2:00 pm in the
Celebration Center

Please join us to celebrate the life of
longtime St. Francis member (and
angel)
Douglas Robson.

There will be a simple reception
afterwards.

Masks are optional.



***A Celebration of the Life of
Thad Regulinski***

Saturday, April 9th,
4:00 pm in the
Celebration Center

Come help St. Francis member Anne
Stericker celebrate the life of her
husband, Thad
with music, stories
and lots of memories.

There will be a reception
afterwards.

Vaccinated? Masks are optional.
Unvaccinated?
Please wear a mask.

To all those who came out for our March Spruce Up Day in Honor of Doug Robson, our grateful thanks:

Steve Barclay Stephanie Robson
Kay Bauman Suzanne Smith
Jeff Booten Sandra Stephenson
Tom Bossert Karl Titz
Wynn Houtkooper



A Word from Our Pastor

Emerging from the Chrysalis

A number of years ago I helped as a spiritual director at a spiritual retreat for youth called Chrysalis. It attempted to give them skills, resources, and companions to help them

negotiate the transition into adulthood. The name refers to the space between the caterpillar and the butterfly stages – that space of becoming, of changing.

I know intellectually that's a great space to have in our lives – I just haven't appreciated having to live in that space for the last couple of years.

But now we are emerging!

We all have things we remember from that caterpillar stage that we enjoyed before entering the chrysalis...things that are good and nourishing and fulfilling...but are they what we need today?

Today, I might need some help in learning to use these new wings on my back.

What is emerging for you in this wonderful new season? How can I help? How can WE help?

On that Chrysalis retreat, one of my favorite moments was not when I was helping/guiding/supporting the participants, but when the exact opposite happened.

During one of the breaks, some of the young folks decided to have a pickup football game. I was younger than I am now, but I was still well above their age, but they still invited me to play. Dustin, the quarterback on my team, in particular encouraged me to join in...THEN, in a magnificent way of illustrating the gist of the entire weekend, he chose just the right time to throw a touchdown pass to me so I could be wonderfully successful in the game!

He gave me wings that day! He helped my spirit emerge!

Jim

A Note from Our Administrator



In this newsletter, you're going to see a lot of references to "coming back" and "opening up". As we watch the Covid numbers drop to (and hopefully stay at) a low point, people are emerging - almost as though waking up after a long winter's nap!

You'll also notice that this April newsletter is full of events. The office has re-opened. We have several concerts. We are coming back, and we're hoping to re-energize our campus and congregation as we do. Which brings me to our upcoming *Rescue Rummage Sale and Summer Carnival*.

When I first heard that *Hope of Deliverance Rescue* was looking for a place to hold a rummage sale (so they could make some money to help pay off their mounting vet bills), I reached out and offered our space. I'm proud to say that St. Francis regularly allows the use of its facilities to nonprofits for fundraising events, either gratis or at a very low rate where we don't make a profit. And to me, helping animals and St. Francis just naturally seemed to go together. Then I began to consider making it an even bigger, more varied event than just a rummage sale. Why not have them bring up some of their rescue dogs who are looking to be adopted? And why not have some family activities to bring in a wider audience? St. Francis actually benefits from these types of events because it brings people to our campus who ordinarily wouldn't come and might not even be aware of us. I can't tell you how many people have reached out to me after events such as "Howlapalooza" and our "Blessing of the Animals Festival" to say thank you for hosting such safe and welcoming gatherings. Many people have chosen St. Francis for their own happenings because of attending events here. People have come to our Sunday Celebrations because they loved the campus and the people they met. This is how we benefit. This is how we grow.

We will be taking donations for the rummage sale until Friday, April 22nd. If you have items that are gently used and in very good shape, I hope you'll consider donating them. If you've been thinking to have a yard sale of your own, why not rent several tables from St. Francis (at \$10.00 each) and sell your things here? We will set up the tables and chairs for you. All you have to do is price your items, bring some money to make change, and watch them fly off the tables! If you're interested, please call the church office at 520-299-9063 to reserve your tables.

On our website, you'll find a sign-up link to help out at the *Rescue Rummage Sale and Summer Carnival*. There will be various things you can do from putting up posters and flyers around town, to directing traffic at the event, to staffing our St. Francis Welcome Table. The shifts will be short so you're not giving up an entire day and who knows? You may find a bargain or two while you're here!

I hope that you too are starting to emerge and "come back". This will be a great place to start, and I hope to see you there.

With love and gratitude,

Melissa



Life at Saint Francis in the Foothills is opening more and more.

How we "Choose Love" shows up in how we welcome both members and visitors. As John Donahue said, "One of the deepest longings of the human soul is the longing to be seen."

We want people to feel they are seen and accepted here at St. Francis, from the moment they approach our front doors.

Thanks to the work of the Welcoming Team under the able leadership of Nancy Stevenson and Diane Everhart, we have been able to welcome people with consistent warmth and attention, even during the Covid chaos.

As they are both stepping aside to focus on other activities, we want to give them our most grateful thanks and love for their hard work.

As we begin to come back to community life in person, we are faced with the questions of how we can welcome one another, and the greater community to Saint Francis?

Do you like meeting new people?

Would you like to give warm greetings and assistance to those who attend our Sunday Celebrations?

Would you be interested in being a Sunday morning usher and/or greeter?

Please consider joining the Welcome Team and/or the Ushers & Greeters team.

If you are interested, contact Shar at saslaksen@stfrancisumc.org



MENTAL HEALTH STRESS RESULTING FROM COVID 19

St. Francis in the Foothills Mental Health Ministry will be offering a Zoom discussion class about the mental health stresses caused by the COVID 19 pandemic.

The discussion will focus on how the pandemic has affected individuals personally and how they are dealing with it.

The discussion will be led by Carol Miller, Bereavement Program Manager from Casa de la Luz Hospice. The class will be on Thursday, May 5th from 10:00 to 11:30 am. To join the class please register by contacting the church office at 299-9063 or emailing mmitchell@stfrancisumc.org

Mental Health Ministries recognizes the collateral damage inflicted on many people that is a result from these past several years. The effects of isolation, loss, relationship and educational pressures, work pressures and changes, and an uncertain future are only a few examples.

We hope you will join us.



ENDOWMENT FUND

Grant Applications Available

Twice a year, the St. Francis Endowment Committee considers dispersing funds for Grants. Applications for these funds will be considered for needs in the following areas: Mission, Scholarship, Property, Ministry or Special Need. An application form may be requested from Chuck Adams, Endowment Committee Chair at ecadams@arizona.edu

Completed applications will need to be submitted electronically by April 15, 2022.

Both the St. Francis Endowment Fund and Legacy Fund are managed by the Desert Southwest United Methodist Foundation. The amount of funds available for grants will vary based on the income earned on these investments. All applications will be reviewed by the Endowment Committee and applicants will receive a response.

Help support the future of St. Francis by bequeathing funds or property to the 'St. Francis Endowment Fund' in your Estate plans. More Endowment giving information is available at www.stfrancisumc.org/giving

Coming Events

You Should Know About!



Tickets: \$15.00, \$10.00 for students, or donation. Purchase in advance at <https://cynthiahilts.com/>

Cynthia Hilts in Concert

Saturday, April 23rd at 7:00 pm
in the Celebration Center

Join Cynthia for a concert of originals and standards of jazz. Together with a few guest artists, she will weave a sweet spell of musical and lyrical magic.



Sons of Orpheus in Concert!

Friday, April 22nd, 6:00 pm
in the Celebration Center

Sons of Orpheus - The Male Choir of Tucson, announces its 30th Anniversary Gala Spring Concert Series, featuring songs in tribute to the 250th anniversary of Beethoven's birth, a unique rendition of "The Flight of the Bumblebee," "Fiddler on the Roof," and many other classical, popular, and fun pieces. The concert will also feature talented guest musicians.

Admission is \$15.00 at the door or online @ sonsoforpheus.org.

Students are free with valid ID.

APRIL
29

AZ '22
TOUR



DIANE VAN DEURZEN & LISA OTEY

ST. FRANCIS IN THE FOOTHILLS
FRIDAY, APRIL 29, 7-9PM

Diane & Lisa return for a rare appearance at
St. Francis in the Foothills. Tickets \$15, available at
<https://dianeandlisa.brownpapertickets.com>.

For info, call Diane & Lisa at 520.370.5912

4625 E RIVER RD., TUCSON, AZ

HOPE OF DELIVERANCE RESCUE &
ST. FRANCIS IN THE FOOTHILLS PRESENTS

RESCUE RUMMAGE SALE & SUMMER CARNIVAL!

★ DOG ADOPTIONS ★

★ RUMMAGE SALE ★

★ FOOD TRUCKS ★

★ LIVE MUSIC ★

★ BOUNCE HOUSES ★

★ VENDOR TENTS ★

ENJOY BROWSING UNIQUE FINDS WHILE SUPPORTING A GREAT CAUSE!
HOPE OF DELIVERANCE, INC. IS A NON-PROFIT DOG RESCUE IN TUCSON,
SAVING DOGS FROM UNDERFUNDED SHELTERS AND OWNER SURRENDERS.

HELP THEM FUNDRAISE TOWARDS SAVING MORE DOGS!

SATURDAY, MAY 7TH
9AM - 2PM

ST. FRANCIS IN THE FOOTHILLS

4625 E. RIVER RD. TUCSON, AZ 85718

FOR MORE INFORMATION, VISIT WWW.HOPEOFDELIVERANCE.ORG



We are so happy that Spring is finally here and are looking forward to yet another season of harvesting and giving back to the community!

- This month marks our biggest fundraising campaign of the year! Arizona Gives Day is from April 5th at noon until April 6th at noon, but you can donate anytime until then with early donations. Iskashitaa Refugee Network has a fundraising goal of \$10,000, that will go towards harvesting costs, providing legal and translation help to refugees in need, new tools, and hopefully a new van to transport fruit and refugees all around Tucson! If interested in giving to Iskashitaa through AZ gives please visit azgives.org/iskashitaa.
- Come join us at the UofA on April 7th from 6pm-10 pm to enjoy a "Reflection on the Community Outreach Project." This documentary follows the stories of those impacted by the Community Outreach Project and features Iskashitaa. We will also be participating in a Q&A after the screening to help answer any questions the community has about our mission and how to get involved!
- If you are looking to volunteer with Iskashitaa Refugee Network, April would be a great month to join us! We are in desperate need of volunteer drivers to get refugees to our garden art program at the UofA community garden every Wednesday. We are also in need of drivers with trucks to help with harvests every Monday and Friday. As we approach the end of citrus season, our harvests will be predominantly grapefruit, which will need to be transported in trucks due to their mass.

We hope you come and join us and have a lovely April!

